

## Social Sporty Kids

*Supporting children with special needs to participate in sport*

HCWA Funding Eligible

### What is Social Sporty Kids?

Social Sporty Kids is a group social skills therapy program that aims to help children with special needs to develop the social skills that help them to participate in sport.

### Why Social Sporty Kids?

If you are the parent of a child with autism or special needs, you understand that social skills are often something that your child needs extra support with. Playing sport requires a unique set of skills and understanding of social rules, which can sometimes be challenging for children with special needs. Social Sporty Kids aims to reduce some of the barriers to participating in organised sports while providing the opportunity to participate in sports in an inclusive, understanding environment.

### Who is Social Sporty Kids for?

Social Sporty Kids may be helpful for children, aged 4 – 9, who have:

- An autism spectrum disorder or Asperger's Syndrome
- A language or communication difficulty
- Difficulty with social skills and interacting with their peers
- Difficulty with co-ordination or have delayed gross motor skills
- An intellectual disability

### Who runs the groups?

The groups are run by one of Boost Therapy's occupational therapists, and assisted by helpers who are usually university students in speech pathology or occupational therapy.

### Where and when will the sessions be held?

#### NEXT PROGRAM

**Dates:** Tuesday 21<sup>st</sup>, Thursday 23<sup>rd</sup> and Saturday 25<sup>th</sup>  
January 2020

**Times:** 10:00 – 11:00am (4 to 6 year olds)  
11:15 to 12:15pm (6+ year olds)

**Location:** Mitchelton Youth Club, Tel-el-Kebir Street, (Sid Loder Park), Mitchelton



## **What will kids and their parents/carers gain from attending Social Sporty Kids?**

Children attending the group will have the opportunity to learn about and practice the following skills in a supportive setting:

- Waiting, sharing and turn taking
- Problem solving
- Co-operative rather than competitive game play
- Having a go at something new
- Following game rules or general instructions
- Coping with frustration, and how to respond to others appropriately
- Being a “good sport”
- Team work
- Thinking about the safety of other players when playing sport

Children will also be given opportunities to develop their gross motor skills during activities. Development of the skills listed above will occur during hands-on, physical activities.

Parents and carers will gain strategies and feel more confident in knowing how to help their children further develop these skills following the completion of the group.

## **Pricing**

3 x 1 hour group sessions - \$240.00 (\$80.00 per session). As this is a group program, commitment to attend all sessions is required.

### Please note:

- A deposit of \$20 is required to hold your child’s place in the program. This deposit will be refunded if your child attends all sessions.
- If your child’s registration is cancelled after the closing date for registrations, or during the program, a cancellation fee may be charged. Please note, this cancellation fee would not be able to be claimed on HCWA or Better Start funding and would need to be paid privately.

## **Reporting**

For families/carers who would like a summary report on their child’s participation in the program, this report can be provided at the cost of \$87.50.

## **Funding options**

- You may use your child’s Helping Children with Autism Package funding in order to participate in the program if you wish.
- As the group program is designed and run by an occupational therapist, you may be able to claim a private health insurance rebate if you are covered. Please check with your insurer.

**To register for the program please complete and return the Social Sporty Kids Registration Form together with a \$20 deposit to hold your child’s place.**

**For any enquiries about the program please contact [admin@boosttherapy.com.au](mailto:admin@boosttherapy.com.au) or 0418 357 750.**

**Registrations close 15<sup>th</sup> January 2020**